



St. Bonaventure Catholic Community

5562 Clayton Road, Concord, CA 94521 • PHONE (925) 672-5800 • FAX (925) 672-4606 • www.stbonaventure.net



Burning of the Palms. Photo Credit is Anthony Arteaga.

Second Sunday of Lent *Segundo Domingo de Cuaresma* February 25, 2018

MASSES IN ENGLISH/EN INGLES
Saturday Vigil/*Sábado*: 5:00 PM
Sunday/*Domingo* 7:30 AM, 9:00 AM, 11:00 AM, 5:00 PM

MISA EN ESPAÑOL/IN SPANISH
Domingo: 12:45 PM

DAILY MASS/MISA DIARIA (CHAPEL/CAPILLA)
Monday/*Lunes* thru Friday/*Viernes* : 6:30 AM & 9:00 AM

BAPTISM/BAUTIZOS
In English: Call the office to begin the process. This requires two months preparation
En Español: Llame a la oficina para solicitar información y concertar una cita con el Sacerdote. Este proceso requiere mínimo dos meses de preparación.

MARRIAGE/MATRIMONIO
Call the office to arrange with a Priest or Deacon. This requires six months preparation.
Llame a la oficina para solicitar información y concertar una cita con el Sacerdote. Este proceso requiere mínimo seis meses de preparación.

RECONCILIATION/RECONCILIACIÓN
In English: Saturdays 3:30 PM (in the church) or by appointment.
Llame a la oficina para hacer una cita con el Sacerdote.

Mission

As disciples at St. Bonaventure, we are committed to know Christ better and make Him better known. To this end we are committed to...

- Keep** connected to our parish community,
- Nurture** the development of our faith and knowledge of Christ,
- Offer** to share the Holy Spirit's gifts of time, talent and treasure,
- Worship** through prayer, Mass and the Sacraments.

.....

THOUGHTS FROM DEACON BILL GALL

Our readings for this Second Sunday of Lent provide us with two powerful stories, one each in Genesis (22: 1-2, 9a, 10-13, 15-18, and Mark (9:2-10). In addition, St Paul in his letter to the Romans (8:34b-34) offers us hope and assurance by telling us, "If God is for us, who can be against us?" No matter what comes our way in life, God is with us and through the power of Christ's resurrection, we have gained a share of eternal life.

In the passage from Genesis, God tests Abraham by instructing him to take his beloved son Isaac and offer him up as a sacrifice. What a gut-wrenching decision Abraham had to make. On many previous occasions Abraham did not put his complete trust in God. This time was different. Without telling his wife, Sarah, Abraham proceeds to take Isaac to Mt. Moriah where he prepares the altar on which Isaac will be sacrificed. But in a stunning turn of events, just as Abraham was about to slay Isaac, a messenger from God calls out and tells Abraham, "Do not lay your hands on the boy. I know now how devoted you are to God."

The passage from Mark's gospel is always read on the second Sunday in the Lenten Season. It's the story of the transfiguration of Jesus. Jesus takes Peter, James and John to a mountaintop where they experience Jesus conversing with Moses and Elijah. Jesus' garments turn a dazzling white and a cloud appears over them and the voice of God speaks out, saying, "This is my beloved son. Listen to him."

So, what does it all mean for us today? Perhaps God is calling us, too, in some way. Lent is a good time for discernment. It's a time to begin anew. A time to wipe the slate clean and start over. A time to dedicate ourselves to a new beginning. A time to open our ears and our hearts to what God is calling us to do. A time to grow closer to God and closer to one another.

What are we to do? First of all, we need to take the time to listen to God's voice. Don't

expect the blare of trumpets and the thunder of drum rolls to announce it. More likely, expect it to be sort of a whisper in the wind. We have a great need for all of us to get involved, especially in our parish community. As someone used to say, "Find a need and fill it."

Secondly, don't be surprised if you're challenged to step out of your comfort zone to do whatever it is God wants you to do. That's the way it is. God sees something in you that you may not see in yourself. God is stretching your faith.

Thirdly, trust that God will not abandon you on the journey but will walk the road with you every step of the way.

Sound exciting? Good. Then let's get started and may Jesus bless each and every one of you.

DRIVE-THRU PRAYER HIGHLIGHTS

From the time that this ministry has started, there have been a lot of people (including non-parishioners & non-Catholics) who have come to our Drive-Thru Prayer to ask for prayers for themselves or for someone they know. Here are just a few of the highlights that one of our volunteers has shared with us:

- There are a lot of "walkups" for prayer and the first question they asked is "Do we have to drive in?"
- Drive-Thru Prayer has reached the electronic age. Several people brought pictures of the individuals that they wanted to pray for. There were even people who have someone on their cell phone, and they prayed with them over the phone.
- We had one occasion when somebody accidentally pulled into the Farm Bureau parking lot and we had to expand our drive-thru prayer to there.



- There was a woman, who just learned that she was pregnant, who drove in to ask for prayers for her new baby. Our volunteer asked her if he was the first person to know about the baby, and she assured him that her father and mother know about it.
- There was a woman who asked permission to put Drive-Thru Prayer in their school newsletter.

People who have been to our Drive-Thru Prayer have expressed how happy and grateful they are that we have this wonderful ministry.

Thanks to all our wonderful volunteers!

.....

PARISH LIFE THOUGHTS

FAST, PRAY, GIVE UP ENVELOPES



Christians are called to renew our spiritual practices like **fasting**, **praying**, and **almsgiving**, and to think about our lives and ourselves in new ways. Almsgiving encourages us to express gratitude for all that God has given us by giving some away, and you can embrace a new practice that will provide our church with consistent support and simplify your giving.

Please consider giving up your envelopes by embracing eGiving. Our parish can save money by eliminating the wasteful envelopes that go unused by so many.

Sign up is simple: you can do so by visiting www.faithdirect.net and enroll using our parish code: CA725. With online enrollment, you will be able to access your account any time.

NEIGHBOR TO NEIGHBOR NO LONGER ACTIVE!

It seems the Neighbor to Neighbor ministry has run its course. The lack of participation has led us to end the ministry. It was a pleasure to serve our neighbors in need.



LENTEN REFLECTIONS

Thank you to parishioner, Mary Franceschini for writing our Lenten Reflections this year. Every week, the reflections for the upcoming week will be on page 3 of the bulletin. You can also sign up to receive the reflections every morning in your email. Go to the parish website: www.stbonaventure.net and sign up through the link on the front page.

FEBRUARY 25 SECOND SUNDAY OF LENT

"Then a cloud came, casting a shadow over them; then from the cloud came a voice, "This is my beloved Son." Mk 9: 2-10

The Father affirms the Son just as he affirmed him when Jesus was baptized by John the Baptist.

Peter wants to build three tents. It would be wonderful to stay on the mountaintop in the company of Jesus, Elijah and Moses, but the vision ends. Reality comes into play again and Peter, James, and John must return to face the real world as disciples of Jesus and what it means to follow him. It's a reminder for us, too. We can't always be up in the clouds, but we have to roll up our sleeves. It's hard work and many times thankless, but Jesus is right there with us.

FEBRUARY 26 MONDAY

"For the measure with which you measure will in return be measured out to you." Lk 6: 36-38

Jesus gives advice about judging others. In the end, we may be better off by taking it to heart.

Who hasn't been guilty in judging others, condemning? We've all been there. Of course, a person's actions can or has harmed others, ourselves. That's not easy to let go of. We must pray Our Lord for the grace to get through it. We must always remember that we can slip and fall flat on our face, too. No one can rightly point a finger and say, "Aha!". What if we finish on the receiving end of that?

FEBRUARY 27 TUESDAY

"Though your sins be like scarlet, they may become white as snow;" Is 1:10, 16-20

The Lord God invites his people to a new life.

Many times, we are afraid to approach God because no matter how much we try, we never seem to make any progress on our spiritual journey. We hem, we haw, we fume. We try to right a wrong, only to make matters worse. Those are the times that we have to be on guard, because Satan is doing his dirty work. Let's roll up our sleeves, seek out the sacrament of Reconciliation, pick up the pieces, and get going again. Our sins, our unworthiness, should never have the upper hand.

FEBRUARY 28 WEDNESDAY

"Must good be repaid with evil that they should dig a pit to take my life?" Jer 18: 18-20

This passage brings to mind Jesus.

Jeremiah's life is being threatened. He fought the forces of evil, and because Jerusalem refused to repent, he saw its destruction in 587 B.C. Jesus, too, fought the forces of evil, did good to the people, and cried over the inevitable destruction of Jerusalem that in A.D 70 took place by the Romans. Most certainly, Jesus must have asked the same question as Jeremiah.

MARCH 1 THURSDAY

"Blessed is the man who trusts in the Lord, whose hope is the Lord." Jer 17: 5-10

Words of hope to comfort us in all times.

If we really think about it, many times man is deceiving. We have only to listen to the news to ask ourselves where has the good for the people gone? Those who are already struggling will have to struggle more. Is there any hope? There is, if we remember to trust not in man, but in Our Lord. We have to do all that we can, we may have to put up a good fight, but even in the fight let's remember to trust.

MARCH 2 FRIDAY

"The stone which the builders rejected has become the cornerstone." Mt 21: 33-43, 45-46

Jesus was rejected, but it wasn't the end.

Jesus has just finished the parable of the tenants and the Pharisees know that he was speaking about them. He adds insult to injury by telling them that the care of his vineyard will go to others. You would think that they would have a change of heart, but instead no. Jesus will be rejected by his own, but in the end he will become the cornerstone where all who love and follow his teachings can gather strength.

MARCH 3 SATURDAY

"Rejoice with me because I have found my lost sheep." Lk 15: 1-3, 11-32

The Pharisees and scribes complain that Jesus welcomes and eats with sinners.

For the Pharisees it was unthinkable that Jesus should mingle with those they considered lowlife. But Jesus tries to touch their stony hearts. The sinner, the one that seems to never get his or her life on track, is precious to Jesus because he believes in the inner core. Jesus gambles on the sinner because, for the Father, that sinner is his child. One repentant sinner makes heaven dance with joy. The lost sheep has been found and let's not forget that includes us, too.



Parish Highlights and Upcoming Events
on the Back Cover



LITURGY & PRAYER

COMMUNAL RECONCILIATION SERVICE: Tuesday, March 20 @ 7:30 PM

We gather together because we are confident and grateful that God is merciful. Lent is the time when the entire Church enters into the period of purification and enlightenment as we journey along with our elect and catechumens who are preparing for the Easter Sacraments. You are invited and encouraged to join us and receive the Sacrament of Reconciliation as you continue to seek and prepare for this Lent.

Last Opportunity for Individual Confession: Saturday, March 24 @ 3:30 PM

READINGS for the WEEK



MONDAY: DN 9:4B-10; PS 79:8, 9, 11, 13; LK 6:36-38
TUESDAY: IS 1:10, 16-20; PS 50:8-9, 16BC-17, 21, 23; MT 23:1-12

WEDNESDAY: JER 18:18-20; PS 31:5-6, 14-16; MT 20:17-28

THURSDAY: JER 17:5-10; PS 1:1-4, 6; LK 16:19-31

FRIDAY: GN 37:3-4, 12-13A; 17B-28A; PS 105:16-21; MT 21:33-43, 45-46

SATURDAY: MI 7:14-15, 18-20; PS 103:1-4, 9-12; LK 15:1-3, 11-32

SUNDAY: EX 20:1-17 [1-3, 7-8, 12-17]; PS 19:8-11; 1 COR 1:22-25; JN 2:13-25; ALTERNATE READINGS (YEAR A): EX 17:3-7; PS 95:1-2, 6-9; ROM 5:1-2, 5-8; JN 4:5-42 [5-15, 19B-26, 39A, 40-42]



STEWARDSHIP of Treasure

Weekend of February 17 & 18 Collection

Goal: \$26,123
 Actual: \$25,537
 Deficit: (\$586)

Ash Wednesday

Bay Area Crisis Nursery: \$4,930.50

Food for Family: 187
 EFT (Electronic Funds Transfer)
 included in above figures

FAITH FORMATION FOR ADULTS

MOMS' GROUP

An invitation to all parish moms (and children!) Come join our St. Bonaventure Moms' Group. We meet at 9:45-11:30am on the 1st & 3rd Wednesday of the month in Ministry Center classrooms A3 & A4. **Our next meeting will be on March 7.** Come explore our Catholic faith as women and as parents, and share the joys and challenges of parenting in a casual, welcoming setting.

CONTEMPLATIVE PRAYER

What is your prayer life like? Would you like to spend a little more time with God? Join us on Tuesdays, 4:05-4:30pm in the Chapel. Just come when you can. Call Eileen (672-5800 x2217) if you have questions.

PARISH COMMUNITY NEWS

HOSPITALITY WEEKEND

Our next Hospitality Weekend is on **March 3 & 4.**

BOY SCOUT TROOP 444 ANNUAL PANCAKE BREAKFAST

8:00 a.m. - 11:30 a.m.
 Sunday, February 25, Large Hall
 Cost is \$5.00/person or \$15.00/family
 All proceeds go to St. Bonaventure Catholic Community

SENIOR LUNCHEON:

Thursday, March 8 at 11:30 AM in the Large Hall, \$13 per person.

We're breaking with tradition and going to Hawaii, well not really, but we are going to have a luau! Come join us for some Hawaiian ukulele music and a great lunch provided by Chef Greg. We will enjoy Kahlua Pork and Grilled Chicken Thighs topped with Huli-Huli sauce, Hawaiian Rice Pilaf, Hawaiian Fruit Salad topped with shredded coconut, Papaya Green Salad with Sesame Dressing and Hawaiian Rolls. Um!!! As always, drinks and dessert are included.

Please make reservations by Monday March 5 by calling George or Mary Jane Brown at 363-4708 or by registering after Mass on March 3 or 4^t Adults of all ages are welcome!

BLOOD DRIVE

The Knights of Columbus are hosting a Community Blood Drive for the American Red Cross on Saturday, March 10 in Classrooms A2/A3; 10 AM to 4 PM. Schedule an appointment by calling 1-800-733-2767, or Denis Thomson at 925-673-0720, or by logging on to redcrossblood.org and enter Sponsor Code: St. Bonaventure. Drop-ins will be welcome, but there may be a wait while clients with appointments are handled first. Every donation may help save up to three lives. Won't you be part of this life saving journey?

ST VINCENT DE PAUL BUNDLE SUNDAY WEEKEND: FEBRUARY 24-25



Please bring clean, gently used clothing **only**, preferably on hangers, to church **during Mass hours only on these days.** Volunteers will be manning an SVdP trailer during those times. If you need more info, call Dan Gabe at 925-408-5964. Have furniture to donate? Leave info on our SVdP. Hotline: 672-5800 x2234. We'll arrange for pickup.

A CALL FOR NEW AND RETURNING CLASSY CRAFTERS

We meet each Wednesday in Room A1 from 10 am to 2 pm. New members are welcome! Join us for crafting and fellowship as we begin preparations for our 2018 Holiday boutique. Not a crafter? No worries! The weekly fellowship is a rewarding component of our ministry. Stop by for a cup of coffee or bring your bag lunch and see what we're all about. There are many ways to be involved. Any questions? Call Jeanne Roberts at 925-676-3323. Hope to see you Wednesday!



.....

PENSAMIENTOS DEL DIÁCONO BILL GALL

REFLEXIÓN: "SEGUNDO DOMINGO DE CUARESMA"



Nuestras lecturas de este segundo domingo de Cuaresma nos proporcionan dos historias potentes, una en el Génesis (22: 1-2, 9ª, 10-13, 15-15) y Marcos (9: 2-10). Además, San Pablo en su carta a los Romanos

(8: 34b-34) nos ofrece esperanza y seguridad al decirnos: ¿quién estará en contra de nosotros? El se nos presenta en la vida, Dios está con nosotros y por medio del poder de la resurrección de Cristo, hemos ganado una cuota de la vida eterna.

En el pasaje de Génesis, Dios prueba a Abraham dándole instrucciones para tomar a su hijo amado Isaac y ofrecerlo como sacrificio. Lo que era una decisión desgarradora que Abraham tenía que hacer. En ocasiones anteriores Abraham no puso toda su confianza en Dios. Esta vez fue diferente, sin decirle a su esposa, Sara, Abraham llevó a Isaac al monte Moria, donde se preparaba el altar para los sacrificios. En un impresionante giro de los acontecimientos al momento que Abraham estaba a punto de matar a Isaac, un mensaje de Dios llama a Abraham y le dijo: "No descargues tus manos sobre el niño. Ya veo que temes a Dios, porque no le has negado a tu hijo único."

El pasaje del Evangelio de Marcos siempre se lee en el 2º domingo de Cuaresma. Es la historia de la

Transfiguración de Jesús. Jesús toma a Pedro, Santiago y Juan a una montaña. Sus vestiduras se pusieron de un blanco deslumbrante. Después se les aparecieron Elías y Moisés, conversando con Jesús. Se formó una nube que los cubrió con su sombra y de esa nube salió una voz que decía: "Este es mi hijo amado; Escúchenlo."

¿Hoy qué significa todo esto para nosotros? Tal vez Dios de alguna manera nos está

llamando. La Cuaresma es un buen momento para el discernimiento. Es un tiempo para comenzar de nuevo. La hora de borrón y cuenta nueva. Un tiempo para dedicarnos a un comienzo nuevo. Un momento de abrir los oídos y el corazón a lo que Dios nos está llamando hacer. Un tiempo para crecer más cerca de Dios y más cerca el uno de el otro.

¿Qué vamos hacer? En primer lugar, tenemos que tomar el tiempo para escuchar la voz de Dios. No hay que esperar el estruendo de las trompetas y el trueno del tambor. Lo mas probable, es que esperamos que sea una especie de susurro en el viento. Todos nosotros tenemos una gran necesidad de participar especialmente en nuestra comunidad parroquial. Como alguien decía, "encontrar una necesidad y llenarla."

En segundo lugar, no se sorprenda si usted está retado a salir de su zona de conformidad para hacer lo que Dios quiere que haga. Dios ve algo en usted que usted no puedes ver en ti mismo. Dios está reforzando su fe.

En tercer lugar, confía en que Dios no te abandonará en el viaje sino que recorrerá el camino paso a paso contigo. ¿Suena interesante? Bien. Vamos a empezar a que Jesús bendiga a todos y cada uno de ustedes.

CUARESMA. SEMANA SANTA

Hermanos y hermanas, la Cuaresma es un tiempo de conversión que nos prepara para la celebración de la Pascua. Es un tiempo litúrgico distinguido por el color morado que significa luto y penitencia. Es un tiempo de reflexión penitencia, conversión espiritual para celebrar la Pascua.

Estamos a las puertas de llegar a la Semana Santa, la Semana Grande para unirnos A la pasión, muerte y resurrección de Jesús. Iniciando el Domingo de Ramos donde Jesús hace su entrada triunfal al Jerusalén; la gente iba alfombrando el camino con sus vestidos: "**Bendito el que viene en el nombre del Señor, Hosanna el Hijo de David**".

Les invito a vivir esta semana Santa con gozo y vivir de cerca el sufrimiento de Jesús camino al calvario. Caminemos junto a Jesús y meditemos cuanto amor nos ha tenido, que nos ha dado la salvación pagando con su sangre. Vivamos intensamente el triduo pascual:

Inicia el día Jueves Santo: celebramos la Institución de la Eucaristía, el sacerdocio y el mandamiento del amor; amarnos unos a otros como él nos enseñó, lavándoles los pies a sus discípulos.

El Viernes Santos; Este día está centrado totalmente en la Cruz del Señor. Proclamamos la pasión y la adoración de la cruz, recordando el misterio del amor de Jesús al dar la vida para la salvación de toda la humanidad. Día en que Jesús venció la muerte y demostró su amor en la cruz. La muerte de Jesús se convierte en la victoria destruyendo la muerte.

Sábado Santo: es un día de silencio propicio para reflexionar y orar antes de llegar a la Vigilia Pascual que es la noche santa en la que la Iglesia celebra la victoria de Jesús sobre la muerte.

Vía Crucis (Durante los viernes de Cuaresma 8:00pm en la Iglesia)

Reflexiones sobre la Cuaresma. (Durante los Lunes 7:00pm. En el salón B-1)

TRIDUO PASCUAL

Jueves Santos (iglesia 7:30pm)

Viernes Santo: vía crucis, santos oficios y santo entierro :6:30pm...)

Sábado Santo: Vigilia Pascual (iglesia 7:30pm)

Domingo de Resurrección (santa misa 12:45pm)

Te esperamos, vive y camina con Jesús esta Semana Santa

HORARIO DE OFICINA PADRE OSCAR ROJAS

Teléfono (925) 844-9015

Cerrado para almuerzo de 12:30-1:30pm

Lunes a Jueves: 8:30 a.m. -5:30pm

Viernes: 8:30 a.m. – 4:00 p.m.



MASS INTENTIONS



FOR THE WEEK

SATURDAY, FEBRUARY 24

5:00 Jane Dewhurst
Ana Jackson
Amy Duffy
Luchie Kastner

SUNDAY, FEBRUARY 25

7:30 Carl Ferrri
Eleanor Trenkwalder
Ben Camera
9:00 Francisco & Juana Cuenco
Fernando & Joel Cuenco
Joe Mangini
Modesta Ovando
11:00 St. Bonaventure Community
5:00 Souls in Purgatory
Rafael & Juanita Sison
Leonardo Gargantilla

MONDAY, FEBRUARY 26

6:30 Children with Cancer
9:00 Angelito Rueda
Mary Mathew
Bernard Mathew
Michael Saveiro

TUESDAY, FEBRUARY 27

6:30 Children with disabilities
9:00 Benedict Camera
Jamie Collins
Charlie Bugeja
Gregory Leutza

WEDNESDAY, FEBRUARY 28

6:30 Angel Dario Cavero Equisguiza
9:00 Maria Flores
Alfredo Salgado
John Hamilton & Family

THURSDAY, MARCH 1

6:30 Emidio Busuttill
9:00 William M. Jordan
Sue Gardella
Ed & Flo Bianco

FRIDAY, MARCH 2

6:30 All the homeless families
Victims of shooting in Florida
9:00 All Souls in Purgatory

SATURDAY, MARCH 3

5:00 John Muscat
Luchie Kastner
Benedict Camera
Virgilio Laguna



STATIONS OF THE CROSS AND LENTEN SOUP MEAL

March 2 @ 7:00 PM: Stations of the Cross in Times of Conflict

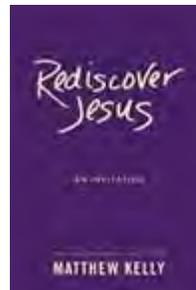
During times of conflict our faith can be tested to the full. We share the desolation of people torn apart by suffering and wonder whether life is really stronger than death. Yet, Jesus walked through death to new life. We join together to trust in His word and look to the future with confidence that all shall be well.

***The Knights of Columbus will host a simple Soup dinner on the Fridays in Lent in the Large Hall. Dinner will begin at 6:15pm and precede the Stations of the Cross. A Holy Spirit offering will be accepted.*



REDISCOVER JESUS BOOK STUDY

Fr. Mathew invites you to break open the book the parish gifted you at Christmas. Come and discuss how we can "rediscover the beautiful possibilities God places before us daily." Mondays, March 5, 19, 26 in Classroom A2. Come either from 10:00-11:30am or 7:00-8:30pm. Please call the office (or Eileen) to sign up (so we have enough seating). Free copies of the book are still available if you've already given your copy away. Read to page 56 for the first session.



SANCTUARY LIGHT IS LIT FOR



RAYMOND & SUSAN TIERNEY
FEBRUARY 24 - MARCH 2, 2018

A DAY OF WRITING AS A SPIRITUAL PRACTICE

Saturday, March 3, 10 am to 2:30pm
Cost: \$15/person to cover lunch, snacks & materials -

Does the title intrigue you? Do you write? Want to write? Afraid of writing?

This day retreat, led by Christa Fairfield, will be a safe and comfortable way to experience writing as a spiritual practice following the AWA (Amherst Writers and Artists) method. For more information or to sign up, contact Christa Fairfield at the parish office or email Eileen at elimberg@stbonaventure.net

2018 MEN'S RETREAT

"Mercy: A Disciple's Response..."

A Retreat with the Men of St Bonaventure's Parish, March 2-4 at San Damiano Retreat Center in Danville. Our retreat master is Fr. Mark Wiesner, pastor of St. Charles Borromeo parish in Livermore. For more information, call Joe Talarico (925.680.7767) or Matthew Remington (925.672.4006). Registration forms are available online at www.stbonaventure.net (Parish Ministries - Men's Spiritual Network).



PARISH MISSION WITH FR. JAY MATTHEWS

In the Gospels Jesus poses the question: "Do you still not understand?" (That I am the Messiah and Redeemer, I am the Bread of Life, I am He who encounters you in my Word and my Body and Blood...) How do we understand our encounter with Christ and the other in our midst? Join Fr. Jay Matthews, rector of the Cathedral in Oakland, as he leads this year's parish mission. The mission will run March 12-13-14. He will share his reflections on *Encounter* from 10:00-11:30am with a repeat of these thoughts from 7:00-8:30pm.

Find us on 

